

(Psychology)

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## **La melanconia dell'aragosta**

**Laura Tappatà**

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**The search for a new model of intellectual**

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## **The melancholy of the lobster**

The essay aims to analyse the ugliness and destructive lightness that characterise hypermodern culture and to outline the profile of a free spirit that, by reclaiming its critical and formative role, can oppose such drifts. In an era characterised by immediacy, constant distraction and the erosion of profound values, there is a growing need for a figure who can combine thought and discipline, introspection and action. We are searching for a new model of intellectual who opposes the hypermodern drift not only with rational criticism, but also with an ethical stance grounded in emotional intelligence, consistency and self-control.

This is not a nostalgic revival, but rather a rediscovery of an ideal: the intellectual as a militant of thought who refuses to be complicit in a culture of superficiality, usefulness and appearance. They are a contemporary bushi who does not withdraw into contemplation, but acts in the world while maintaining an inner core of resistance.

His word is sharp, his silence is eloquent, his life is testimony.



**Laura Tappatà** graduated in Philosophy with a degree in Psychology from the Università Cattolica, is Professor of Educational Work Psychology, she is also professor of Relationship Management Laboratory, Education and Training Sciences, as a professor she has held a series of seminars in Psychology of Personality. She has been a contract lecturer at the Catholic University for twelve years. She has had and maintains various activities as a lecturer in various associations. She has participated in the Scientific Committee of the 2014 edition of the National Award for Scientific Dissemination (Italian Book Association) and is an EWWA (European Writing).

**Titles already published:** Stay Focused (Lupetti, 2011), Beyond Well-Being: The Fascination of Risk and of the New Psychological Addictions, (Nova Science Publishers, USA, 2013), Troppo Amore! Donne e passioni tristi, (SEFER Books, 2013), Il dono del rancore (Sefer, 2016), Personalità e differenze individuali (Edizioni San Paolo, 2018), Taccuini postmoderni. Dialoghi e pensieri (Rogas Edizioni, 2020), La melanconia dell'aragosta (Sefer, 2025)